

January 2010 Program Updates
Submitted By: Maranda Miller

Office of Suicide Prevention Grant, The Colorado Trust Preventing Suicide Initiative and Project Safety Net

- 1-4- Presented QPR to the Brush Middle School staff
- 1-6- Participated in the Suicide Prevention Coalition of Colorado's Advocacy meeting
- 1-7- Participated in a conference call with the Project Safety Net Grant evaluation team from CSU
- 1-8- Presented Yellow Ribbon to Brush Middle School students
- 1-13- Presented QPR to the Brush High School staff
- 1-13- Held first youth suicide prevention stakeholder meeting. Next meeting is April 13th.
- 1-14 Presented Yellow Ribbon to Brush High School students
- 1-15- Made a short presentation at the Logan County United Way allocation meeting
- 1-25- Participated in a Project Safety Net Grantee conference call
- 1-26- Co-facilitated the Heartbeat Support Group in Fort Morgan
- 1-26- Participated in the Communities Coming Together for Mental Health meeting in Yuma
- 1-27- Presented the Project Safety Net kick-off presentation at the Phillips County Child Protection Team meeting
- 1-27- Presented on our suicide prevention efforts at a meeting with the probation department
- 1-28- Jackie and I met with Lori from the Second Wind Fund
- 1-28 to 1-29- Attended and presented at the Colorado Suicide Prevention Forum in Denver

Health Disparities

- 1-20- Presented Cultural Awareness Training with Isis at the health navigator luncheon in Fort Morgan

JANUARY 2010 ACTIVITY REPORT
Glenda Bang, Fatherhood Coordinator

Responsible Fatherhood Initiative Grant

- Prepared and submitted quarterly report for first quarter of 2009-2010 fatherhood grant
- 1/12 – Participated in three-hour mandatory Colorado Responsible Fatherhood program webinar “Habits of Successful Agencies”
- 1/20 – Participated in National Fatherhood Initiative webinar “Funding Your Fatherhood Program”
- Initiated new contract with William Madden for fatherhood classes in Elbert County
- 1/25 - Met with Curt Price in Limon regarding possibility of becoming facilitator of fatherhood classes in Lincoln County
- 1/25 – Met with Colette Barksdale and Robert Kraxenberger of Lincoln County Department of Social Services regarding Lincoln County fatherhood program and LINCing Dads group
- 1/27 – Participated in teleconference for monthly Fatherhood Council meeting

Other Support Activities

- 1/05 – Attended Older Adults Meeting in Ft. Morgan
- 1/19 – Assisted in preparations for Board Training Workshop in Yuma at First Presbyterian Church
- Attended United Way Dinner for grantees
- Attended “Cutting” Workshop offered by RE-1 Valley School District
- Assisted with preparations for “Getting Ahead” workshop and Navigator luncheon

January 2010 Program Updates
Submitted By: Mickie Sjoberg

Getting Ahead Program Updates:

FDC Trainings:

1-15

1-22

Monthly Activities:

1-5 Jackie and I met with Karen Torres of Sterling Family Resource Center for potential partnership

1-5 Jackie and I met Linda Dettmer of CSU Extension for partnership on healthy meals for program participants

1-11 Participated in National Poverty Webinar with Kerri Hansen (Washington County Facilitator)

1-13 Attended Regional Emergency Preparedness meeting in Akron at CSU Extension office (representing Rural Solutions)

1-18 through 1-27 conducted one-one interviews with Logan County GAP participants

1-20 Met with Doug Carrigan, owner of Advantage Treatment Center, to discuss offering program to his clients

1-27 Maranda and Mickie met with District 13 Probation to present Rural Solution's programs and discuss partnership for servicing their clients

1-27 Conducted first session of GAP for 11 participants at Help for Abused Partners

1-28 Conducted additional interviews to add two new participants to current group

- Curriculum started: Phillips/Sedgwick January 12, Logan January 13, Washington January 28.
- Curriculum start date set for February 3, 2010 in Yuma.
- Curriculum start date set for March 2010 in Lincoln/ Elbert & Kit Carson/ Cheyenne.
- Logan County will run several groups concurrently. A second group is scheduled to begin February 8th and a third group is forming through a partnership with Probation.
- Continued development of a small advisory committee, in each county, to develop leadership and direction for the Getting Ahead project.
- Continued development of relationships /training with community organizations and agencies to create sustainability and partnership in Getting Ahead Program. We have developed relationships with Eastern Colorado Workforce Center, Early Childhood Council, Social Services and Colorado East Community Action Agency.
- Partnered with AmeriCorps and FBLA in Logan County to acquire responsible volunteers for childcare and assistance during group sessions.
- Partnered with CSU Extension in Logan County for "nutritional meal" support in sessions.
- Partnered with Sterling Family Resource Center for potential participants

Curriculum start dates:

Morgan County has seven participants for their first rotation of the curriculum. They are taking referrals for a second rotation, at the beginning of 2010.

Phillips/Sedgwick has ten participants for sessions started January 12, 2010.

Logan County has thirteen scheduled participants for sessions started January 13, 2010. A second group starting February 8, 2010 has nine scheduled participants.

Washington County has five participants for sessions starting January 28, 2010.

Yuma County has ten scheduled participants for the sessions starting February 3, 2010.

Lincoln/Elbert has six participants are scheduled to begin sessions on March 8, 2010.

Kit Carson/ Cheyenne has not set a specific date, but plans to begin groups in March.

**December 2009 Coordinator Report
Michelle Sharp**

Health Disparities

01/13 – Made site visits in the southern counties, went to Limon, Hugo, Cheyenne Wells, and Burlington

01/20 – Navigator Luncheon in Fort Morgan, Maranda and Isis did a Cultural Awareness Training for our topic this month. Thank you Maranda and Isis, it was a great turn out and you guys to a great job.

Rural Philanthropy Days

01/08 – Went to Yuma to help Linda at Baby Bear Hugs with Quickbooks

01/19 – Went to Yuma for the Board Development training with Tom Westfall, this was way excellent

Suicide Prevention

01/14 – Facilitated Coordinating Council, Thank you Maranda for speaking about your Suicide Prevention efforts in the counties. Thank you Toni for speaking about Health Disparities

01/14 – Helped Maranda with a Yellow Ribbon Training at Brush High School

Other Activities

01/05 – Attended Toast Masters, spoke about Rural Solutions and Rural Philanthropy Days

01/12 – Attended Toast Masters, learning how to be a better public speaker, Attended Design Team, which is putting on a workshop later in the month about Relaxation and Stress Management

01/15 – Attended FDC Training

01/19 – Attended Toast Masters

01/25 – Was on KPMX Radio to talk about the Stress and Relaxation workshop, did speak to much but Jim Leh and Charla Peterson did a great job

01/27 – Attended the CPS meeting at the Health Department for Jackie, that was really interesting, Facilitated the Stress and Relaxation Management workshop at Centennial Mental Health. We had a great turn out of about 30 people.

01/28 – Went to lunch with Kim Sellers from the Chamber of Commerce, she wanted to know more about the Board Development training, also talked to her about Jackie's 990 training that she does. Attended the United Way dinner with Glenda. We received United Way funding for another year.

01/29 – Finished up and mailed out all of the Quarterly Tax reports, W-2's and 1099's.