

**December 2009 Getting Ahead Program Update**  
**Submitted by: Mickie Sjoberg**

**FDC Training**

12-4

12-12

**Getting Ahead Program**

12-7 Meeting with Help for Abused Partners to present program and initiate a partnership

12-8 Participated in last Focus Group Webinar

12-10 Attended Action Team meeting in Akron, CO, representing Rural Solutions

12-11 Presented Getting Ahead Program to Regional Directors of Human Services

12-15 Attended Linking Yuma County in Wray, CO

12-17 Completed 1<sup>st</sup> quarter report for SSUF-ready to be sent January 5, 2010

**Additional Activities**

- Morgan County has completed eight weeks of curriculum and weekly reports have been received from facilitator
- GA Program was presented to Regional Directors of Human Services and requested curriculum books were distributed. Discussion about partnership will continue into 2010.
- Yuma, Phillips/Sedgwick, Washington and Logan County facilitators have confirmed donated curriculum site, partnership for childcare and set start dates for January 2010.
- Partnership with Help for Abused Partners has been established and Logan County's first rotation of curriculum will serve their clients.
- Began collaboration, in Logan County, with Workforce Center to offer curriculum to their clients in January 2010.
- Finalized program information, facilitator contact information, forms and handouts for the GA program are posted on Rural Solutions' website. Forms/handouts are password protected for privacy and posted in Word format to allow for adjustments. Password is: **devol. Participator brochures are not password protected.**
- All supplies, curriculum books and administrative forms have been ordered, received, created and distributed to facilitators at each site.

**December 2009 Coordinator Report**  
**Michelle Sharp**

**Health Disparities**

12/16 – Met with Frank Schneider from Colorado Plains Medical Center, Elodia and Toni to talk about the Tomando Control training that is starting in January, also to talk about the last year of the grant and how we can work together

12/16 – Had an outreach meeting with the outreach workers in Fort Morgan

- 12/16 – Attended the Navigator Luncheon at Colorado Plains Medical Center, CAHEC presented on providing health care for limited English speaking recipients
- 12/18 – Attended a meeting a Melissa Memorial Hospital about trying to improve healthy communities in Holyoke

### **Other Activities**

- 12/03 – Went to Jackie's house for a Christmas get together with Rural Solutions staff and Early Childhood Council Staff. Had great food and great company.
- 12/04 – FDC training in Akron
- 12/08 – Participated in the last Focus Group Webinar
- 12/08 – Attended Design Team Meeting by email – our next community event is January 27 and is about Stress and Relaxation Management
- 12/10 – Attended Coordinating Council – learned about the different family resources in Logan county
- 12/18 – FDC training in Akron
- 12/18 – Mailed in Raffle license application to the State

### **December 2009 Program Updates Submitted By: Maranda Miller**

### **Office of Suicide Prevention Grant, The Colorado Trust Preventing Suicide Initiative and Project Safety Net**

- 12-1- Presented at the Brush Schools Administrative Team meeting to discuss suicide prevention trainings for both students and staff
- 12-2- Participated in a conference call with the Second Wind Fund about becoming an affiliate. Also participate in a webinar for Suicide Prevention Coalition of Colorado.
- 12-3- Participated in a conference call with the CSU evaluation team for Project Safety Net
- 12-7- Presented Yellow Ribbon to Sterling High School freshman for the final time this school year.
- 12-8- Presented Yellow Ribbon to middle school and high school students at Wiggins.
- 12-11- Attended a complicated mourning seminar in Denver that dealt with helping individuals who have lost loved ones to suicide.
- 12-22- Presented QPR to Logan County Human Services employees

### **Other Grant Work**

- ❖ 12-1- Attended the Older Adults Resource Meeting in Brush
- ❖ Wrote and submitted a Logan County United Way grant for Second Wind Fund of Northeast Colorado
- ❖ Schedule first suicide prevention stakeholder meeting for January 13, 2010 at Logan County Central Services Building from 10-12.

**December 2009 Activity Report**  
**Glenda Bang, Fatherhood Coordinator**

**Fatherhood Grant**

December 3, 2009 – Participated in mandatory teleconference regarding Logic Model

December 10, 2009 – Met with William Madden regarding program in Elbert County

December 16, 2009 – Traveled to Burlington and met with Sabrina Erhart, fatherhood facilitator at Kit Carson Corrections Facility, Warden Brill and Donna Terry, Business Manager regarding contract for Fatherhood Classes.  
Also met with Prairie Family Center staff regarding fatherhood classes at local church

December 23, 2009 – Participated in monthly Fatherhood Council teleconference

**Other Activities**

Worked on articles for RPD newsletter

Assisted in organizing Jan. 19<sup>th</sup> workshop