

**November 2010 Coordinator Report
Submitted by Michelle Sharp**

Women's Wellness Connection

- 11/03 – Met w/ Teresa Waite and Judy Simpson with the American Cancer Society at the David Walsh Cancer Center in Sterling to talk WWC and ACS, also spoke with Kayedeane Samber at Sterling Regional
- 11/05 - KPMX 105.7 spoke about WWC
- 11/09 - Webinar about Success Stories, this is a three part webinar about using success stories and how they can benefit our organization.
- 11/13 - Had information and spoke about WWC at the mini health fair hosted by Morgan County Family Center there were 60 participants. Will be working with Morgan County Family Center to host a mini-health fair in Sterling, and to help navigate women into the WWC program.
- 11/16 - Attended the Success Stories Part II Webinar.
- 11/17 - Navigator Luncheon in Fort Morgan, spoke with Silvia about WWC and working together more. Attended the 2nd Cyber-Seminar Series on *Dialogue on Dissemination: A Practitioner Perspective*
- 11/19 - Attended the National Cancer Institute Navigation 101 Webinar "Getting Started and Further Developing your Navigation Program"
- 11/23 - Participated in WWC conference call with the Navigators - Jackie, Silvia, Patricia, Becky, Dorain, and myself on how we can get women to come to us

Other

- 11/09 - Design Team meeting to talk about Senior Law Day that was in October and to talk about future community events to host.
- 11/12 - Worked with Shannon of Second Wind of Weld County over the phone with her Quickbooks
- 11/15 - Went to Limon to work with Dorain on the computer and then went with Maranda to the schools in Hugo and Cheyenne Counties. Thanks Maranda for letting me tag along.
- 11/19 - Attended the Brain Wise Curriculum training in Fort Morgan, Pam Gibbs, Kimber VanScoy and I rode down together, thanks for the company Pam and Kimber.

**November 2010 Program Updates
Submitted By: Maranda Miller**

Office of Suicide Prevention Grant, The Colorado Trust Preventing Suicide Initiative and Project Safety Net

- 11-1- Presented QPR to Otis school staff.
- 11-2- Participated in the Wray Teen Health and Safety Fair.
- 11-3- Met with RE-1 Valley Administrators to discuss the possibility of offering QPR to all staff.
- 11-8- Presented a short presentation on elderly suicide to the staff at Washington County Nursing Home.
- 11-8- Facilitated Heartbeat Support Group in Sterling.
- 11-9- Presented Yellow Ribbon to Sterling High School Freshman Foundation class.
- 11-12- Presented with Taylor Moore from the Office of Suicide Prevention at the Colorado School Counselor Conference in Vail. We presented during the break out sessions and had a packed room. It was great!!

11-15- Traveled to Limon, Hugo, Kit Carson and Cheyenne Wells to discuss Project Safety Net and the suicide prevention protocols.

11-17- Participated in the Bridging the Divide Conference call to start planning for the conference in May.

11-20- Commemorated National Survivor's of Suicide Day with a balloon release at Columbine Park.

11-22- Participated in the Akron Teen Health Fair.

11-23- Presented Yellow Ribbon to Sterling High School Freshman Foundation class.

11-30- Presented QPR to medical staff at Sedgwick County Memorial Hospital.

Second Wind Fund

11-9- Presented information about Second Wind Fund to Sterling Lions Club.

11-15- Traveled to Limon, Hugo, Kit Carson and Cheyenne Wells to introduce them to the SWFNC.

11-23- Met with Maria Mollenburg about being a SWFNC provider and she has agreed to do so.

11-30- Met with Eric Ross at the Probation Department about referring clients to SWFNC.

11-30- Talked with staff at Sedgwick County Memorial Hospital about using the Second Wind Fund.

Other Activities

Submitted two press releases to the newspapers, one about National Survivors of Suicide Day and one about dealing with grief during the Holidays.

NOVEMBER 2010 PROGRAM UPDATES

Submitted by Glenda Bang

Fatherhood Program

11-09 – Participated in webinar on “Case Management”.

11-18 – Webinar on “The Father Factor in Successful Re-entry”

11-30 – Webinar on “Partnering with Employment Programs to Help Healthy Marriage Grantees: What is Working”

11-22 – Processed Kit Carson Correctional Facility participants into MIS system

Getting Ahead Program

11-18 – Attended GAP graduation for the Advantage Treatment Group at the Pizza Hut in Sterling

Other Activities

11-02 – Attended Older Adults Meeting in Ft. Morgan

11-09 – Attended Lions Club Meeting with Maranda re: presentation on Second Wind