



RURAL SOLUTIONS

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Mission Statement:

"It is the mission of Rural Solutions to collaborate to address issues and create positive solutions for the health and well being of our diverse communities in Northeast Colorado."

BOARD OF DIRECTORS MEETING

Wednesday, January 6, 2009

9 a.m.

Logan County Central Services Building
Sterling, Colorado

Board of Directors		Present
Rick Agan	Washington County Department of Human Services	
Lisa Ault	Sedgwick County Department of Human Services	Phone
Sandy Baker	Area Agency on Aging	Phone
Colette Barksdale	Lincoln County Department of Human Services	
Patricia Brewster-Willeke (Becky Meyer)	Rural Communities Resource Center	
Fred Crawford	Logan County Department of Social Services	X
John Crosthwait	Northeast Colorado Health Department	
Mary Gross	Morgan County Family Center	Phone
Celia Hardin	Eastern Colorado Workforce Center	Phone
	Yuma County Department of Social Services	
Liz Hickman	Centennial Mental Health Center, Inc.	X
Judy McFadden	Phillips County Department of Social Services	Phone
Kindra Mulch	Kit Carson Health and Human Services	Phone
Judy Fehringer	Eastern CO Services for the Developmentally Disabled	
Steve Romero	Morgan County Department of Social Services	
Ruth Seedorf	Baby Bear Hugs	Phone
Debbie Zwrn	County Commissioner	X
<u>Ex-Officio Members</u>		
Sheila Anzlovar	Northeast Colorado Child Resource and Referral	X
Glenda Bang	Rural Solutions Coordinator	X
Maranda Miller	Rural Solutions Project Coordinator	X
Jackie Reynolds	Rural Solutions Executive Director	X
Michelle Sharp	Rural Solutions Coordinator	X
Mickie Sjoberg	Rural Solutions Coordinator	X
Jerri Spear	CO. Dept. of Human Services Field Administrator	

A. Call to Order – 9:06 a.m. Because of the weather, the meeting was moved to the Rural Solutions' office. Many members phoned in to the meeting.

B. Changes to the Agenda -- Sally Henry will not be a presenter at the meeting today.

a. In-kind Reporting – New 2010 reporting sheets were passed around to those at the office. Phone in members will need to record today's meeting next month. Proxies Discussion

b. Introductions were completed.

B. Consent Items

a. Minutes of November 4, 2009 meeting Fred moved to accept the minutes as written. Debbie seconded the motion which passed by unanimous vote.

b. November 2009 Financial Statement

c. December 2009 Sandy moved to accept both the November and December financial statement. Mary seconded motion which passed by unanimous vote.

d. November-December 2009 Executive Director's Report Jackie highlighted several programs, events, and news that was listed in her November/December report.

e. Year end Project Coordinator's Report

Health Disparities – Michelle reported on the activities of the grant, especially those of the Outreach Workers. They are beginning Tomando trainings in January. The Tomando program is a curriculum that is culturally based in Spanish that works with people to develop skills to be more able to live with chronic health conditions.

Suicide Prevention Programs – Maranda outlined the current suicide prevention programs that she is coordinating. She is planning a stakeholders meeting on January 15 here in Sterling. Jackie and Maranda will be attending a state suicide prevention conference at the end of January. Maranda has been invited to be on the Bridging the Divide planning committee for the state conference and is a member of the liaison committee.

SSUF/Getting Ahead Project – Mickie reported that we are now 4 months into the grant. Several sites are starting classes in January or early February. She reported that Rural Solutions is partnering with many other organizations and agencies to make this grant happen, including NJC, Early Childhood Councils, and others.

Fatherhood Program – Glenda – has met with Kit Carson Correctional Facility and the warden is excited about the program. William Madden is still working in Elbert County.

Women's Wellness Connection – Jackie reported on the contract that we are working to complete with WWC. The project will be in partnership with RCRC to help get women to come in and get their annual checkups completed. It is for women 40 to 64. It is for 6 months. Dawn said they have it down in Burlington, and it is a very popular and well used

program in their region.

C. Committee Reports

- a. Personnel Committee – Sandy Baker – Sandy reported on the committee meeting of December 3, 2009. Evaluations have been completed for staff, and Mickie's evaluation is in the process of being completed. Our bylaws state that evaluations will be completed every March. Since evaluations were only recently completed, Jackie will review each employee's goals and write letters to be entered into personnel files.
- b. Finance Committee – Mary Gross nothing to report
- c. Fundraising Committee – Rick Agan – Golf Raffle – We did get our Raffle License for the raffle this year.

E. Old Business

- a. Board Commitment and Conflict of Interest Statements – Members were reminded to be sure to sign these statements.
- b. Board Contributions – Lisa wanted to point out that every board member is encouraged to contribute to Rural Solutions as a supportive member of the organization.
- c. Second Wind Fund Decision Discussion –The Second Wind Fund project is to provide funds to provide counseling to troubled youth. To become an affiliate, Rural Solutions must create a separate LLC and designate Rural Solutions as the fiscal agent. Special provisions have been established to outline policies and procedures to use qualified, but non-licensed providers for this program. We will need to establish a separate phone number, bank account, board of directors, advisory board, separate bylaws, and file a separate 990. We may use our current board if we follow good practice for board organization. We have already raised some funds for this Fund, including El Pomar, United Way, and Colorado Rural Health grants. After the first year, our contract states that our affiliate will owe the parent company 6% of all funds we raise. Ruth asked that we review this project in 6 months or so to examine the long-term viability of the program within our organization. As a side note, while the board was discussing this project Maranda had a phone call from an elementary school in the region that was seeking help. The school had a young student who was cutting on herself in school that day. Liz moved to instruct Jackie to proceed with the negotiations with Second Wind Fund and take the necessary steps to establish an affiliate program for Northeast Colorado and take the necessary steps to establish a LLC that would be a wholly owned subsidiary of RS. Fred seconded the motion. With no further discussion, motion passed. Liz encouraged us that whenever staff are out we should have a donation basket for our Second Wind Fund. Maranda has created a 30-minute power point presentation to use as a kick off event for all suicide prevention efforts. She wants to speak to as many agencies and organizations in the region as possible in the next few

months.

F. New Business

- a. Colorado Health Foundation Donation – On the last day of the year Rural Solutions received a check for \$10,000 from the Colorado Health Foundation which was not earmarked for any one project but rather to support the organization. Lisa noted her appreciation for Jackie and the staff for taking RS to the next level
- b. February 3rd Nonprofit Meeting – Jackie is planning a nonprofit resource sharing event for February 3rd, after our regular board meeting.
- c. Rural Philanthropy Days Plan for 2010—Rural Solutions had a yearly advisory meeting in December to discuss the successes of 2009 RPD grant and plan for 2010. Jackie would like to take a little training show on the road, get together and doing coffee trainings around the region.
- d. Getting Ahead Training Minute – Mickie will do this next month.
- e. Strategic Plan Work – We will talk about the Plan next month.
- f. Grant Ideas/Possibilities -
- g. Other

G. Guest Speaker 11:00 a.m. Sally Henry—Centennial Area Health Education Center – “Health Workforce Shortages”. Sally postponed her presentation to February 3.

The meeting was adjourned at 10:32 a.m.

Next Board Meeting: February 3, 2009

Respectfully submitted,

Michelle Sharp, Acting Secretary

Date