



RURAL SOLUTIONS

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Mission Statement:

"It is the mission of Rural Solutions to collaborate to address issues and create positive solutions for the health and well being of our diverse communities in Northeast Colorado."

BOARD OF DIRECTORS MEETING
Wednesday, June 30, 2010
Annual Board Retreat
9:30-3:30 pm
Elaine's Place
Fort Morgan, Colorado

Board of Directors		Present
Rick Agan	Washington County Department of Human Services	
Lisa Ault	Sedgwick County Department of Human Services	X
Sandy Baker	Area Agency on Aging	X
Colette Barksdale	Lincoln County Department of Human Services	X
Patricia Brewster-Willeke (Becky Meyer)	Rural Communities Resource Center	X
Fred Crawford	Logan County Department of Social Services	
John Crosthwait	Northeast Colorado Health Department	X
Mary Gross	Morgan County Family Center	X
Celia Hardin	Eastern Colorado Workforce Center	X
	Yuma County Department of Social Services	
Liz Hickman	Centennial Mental Health Center, Inc.	
Judy McFadden	Phillips County Department of Social Services	X
Kindra Mulch	Kit Carson Health and Human Services	X
Judy Fehringer	Eastern CO Services for the Developmentally Disabled	X
Steve Romero	Morgan County Department of Social Services	
Ruth Seedorf	Baby Bear Hugs	X
Debbie Zwirn	County Commissioner	X
<u>Ex-Officio Members</u>		
Sheila Anzlovar	Northeast Colorado Child Resource and Referral	
Glenda Bang	Rural Solutions Coordinator	X
Maranda Miller	Rural Solutions Project Coordinator	X
Jackie Reynolds	Rural Solutions Executive Director	X
Michelle Sharp	Rural Solutions Coordinator	X
Mickie Sjoberg	Rural Solutions Coordinator	X
Jerri Spear	CO. Dept. of Human Services Field Administrator	

A. Call to Order – The Rural Solutions Annual Board Retreat was called to order at 9:54 a.m.

- a. Changes to the Agenda – None.
- b. In-kind Reporting – Sheets were passed around and members were reminded to include the Legislative Breakfast and the Golf Raffle as in-kind time.
- c. Introductions
- d. Ice-breaker Activity – Members completed an activity with a partner that identified our biggest accomplishment, our biggest champion, and a little known secret.

B. Consent Items

- a. Minutes of May 5, 2010 meeting – took a few minutes to look at the reports
- b. May 2010 Financial Report – Judy pointed out that restricted and unrestricted funds was left off the report which Michelle will correct on June's report, Debbie moved to approve the minutes of May 5, 2010 meeting and May 2010 financial report. Colette seconded the motion which passed by unanimous vote.

C. Election of Officers – Ruth Seedorf, Nominating Committee: The following is the list of officers nominated for next year:

Debbie Zwirn – President

Ruth Seedorf – Vice-president

Mary moved to accept the slate of officers as presented. Celia seconded the motion which was passed by unanimous vote.

Debbie then presided over the meeting.

D. Old Business

a. Legislative Breakfast – Debbie felt that it was well received. Celia commented that she feels the format is very effective and gives people the opportunity to learn and ask questions. Lisa felt that perhaps there should be a more formal question and answer time during the program when legislators have the opportunity to speak. Several board members commented that they like the June date for the breakfast with more predictable weather. We need to continue to tweak the topics each year to keep it interesting and relevant.

b. Golf Raffle – The golf raffle profited \$1,770 this year. The winner was from Arriba. Colette would like to have the letter to take to courses to get them to commit for next year before the end of the season.

c. Copier – Jackie reported that she has priced a couple of different copiers, ranging in price from \$3,800 to \$9,000. It is in the budget to lease a new copier in 2010-

2011. After much discussion, Lisa moved that Jackie be given the authority to make the decision to either purchase or enter into a lease agreement for a copier which will meet the needs of the organization. Mary seconded the motion which was passed by unanimous vote.

E. New Business

a. 2010-2011 Budget—Mary Gross – Jackie presented the 2010-2011 Rural Solutions budget. She explained the staffing patterns proposed for the new budget, which are currently the same except reduced hours for Glenda Bang and the outreach workers whose employment with Rural Solutions ends on June 30th. Rose is the exception as she will continue as the GAP Facilitator in Elbert and Lincoln counties. Lisa moved to adopt the 2010-2011 budget as presented. Mary seconded the motion which was accepted by unanimous vote.

b. Executive Director Report – Jackie feels that one of her biggest accomplishments has been getting to work with such professional staff. In addition she reported the following:

- We will be getting additional funds from NECALG and Washington County DHS to help expand the GAP class,
- We are working on getting 211 going.
- RPD is going strong; Jackie is going to meet with Jeff Pryor on July 1 about RPD which will be held in 2012.
- The Bridges out of Poverty and the GAP class are going strong, and that we need to find ways to make it sustainable in the counties.
- Jackie is going to write a grant through the Colorado Health Foundation to do Healthier Living Colorado classes in both English and Spanish.

Members broke for lunch at 12:00 reconvened at 12:30.

c. Year-end Reports

1. Maranda Miller—Suicide Prevention Program

- Maranda reported that Rural Solutions currently has two large suicide prevention grants. The Colorado Trust funding has ended after 6 years.
- The first ASIST training was a success. There are two other trainings scheduled in Burlington and Sterling

- Maranda is planning to continue to do Yellow Ribbon trainings in the schools. Maranda has trained 1,611 students this year in Yellow Ribbon, and 22 groups of 346 people in QPR.
- Maranda has been attending the Bridging the Divide conference and is on the planning committee.
- There are two heartbeat groups going, one in Fort Morgan and one in Sterling. The group continues to grow.
- Rural Solutions continues to establish The Northeast Colorado Second Wind Fund for the region. Maranda is currently recruiting mental health providers throughout the region. Patricia asked what kind of numbers are coming in on the social media. Facebook is monitoring their sites for suicidal activity.

2. Michelle Sharp—Michelle distributed the final Health Disparities Report. The grant ends on June 30th after 4 years of work.

3. Glenda Bang—Fatherhood Update

- Glenda reported out that we are in the 4th year of the grant and are waiting to hear if we received funding for the 5th year.
- She reported how well the Kit Carson Correctional Facility is doing with the program. Dawn would like to see other programs get started in Kit Carson County that are not limited to the facility.
- Glenda also reported about William Madden in Elbert County and his program.
- Curt Price in Lincoln County is scheduled to begin fatherhood classes in Lincoln County in the fall. LINCing Dads are going to sponsor a booth for dads at the fair.

4. Mickie Sjoberg—GAP Activity –

- Mickie provided an overview of the GAP class, including written information.
- The GAP's numbers of participants goals of the grant should be met by December should go over by 35% because of the wait list of participants. The participants are definitely committing to the program, and following through. Mickie told some of the stories that she has seen or heard about from the other facilitators.

- Mickie reported on where her referrals are coming from, not only from organizations but also from participants themselves.
- Mickie and Jackie have gotten an email from one of the legislators that attended the legislative breakfast who are really interested in the program.
- Colette would like to know the price per individual to see if we could do a contract to keep the program going after the grant ends. The hope for sustainability was to come from the support of seeing the successes come from the grant.
- Dawn wanted to know who the main referral sources are. Social services, Work force center, Help for Abused Partners, SHARE, family resource centers, Dawn would like to see referrals coming from WIC, Family Nurse Partnerships, health departments. Mickie is out doing presentations to help show the benefits of the programs. Prairie Family Center is the facilitator in Kit Carson County.
- Patricia talked about the changes she has seen in Yuma County. Participated in a GAP activity that is done with the participants.

c. Paperwork

1. Committee Assignments – The 2010-2011 Committee list was distributed for changes and additions.

2. Conflict of Interest Statements – Board members signed the Conflict of Interest statements for next year.

3. Board Commitment Statements – Board members signed Board Commitment Statements for next year.

4. Update Contact Information – passed around to update information

d. Group-building Activity

e. Strategic Planning Review – Board members broke into our strategic groups to update each of the strategic plans for the organizations. We then reviewed each plan. Jackie and staff will look closely at each plan to make sure there are no repeated strategies and work to bring all plans together to have a more concise plan.

f. Mindful Moments in our Lives - Jackie walked the group through a mindful moment.

g. Other -

Meeting adjourned at 3:36 p.m. The next meeting will be August 3rd.

Respectfully Submitted

Michelle Sharp, Acting Secretary

Date