

**September 2008 Program Updates**  
**Submitted By: Maranda Miller**

**Office of Suicide Prevention Grant and The Colorado Trust Preventing Suicide Initiative**

- 10-1- Yellow Ribbon trained Sterling High School freshman.
- 10-8- Yellow Ribbon trained Sterling High School freshman.
- 10-17- Delivered Elderly Suicide Prevention goody bags to the meet and eat sites in Holyoke and Haxtun.
- 10-20- Met with Jean Demmler of Heartland Research Network and Liz from CMHC to discuss the possibilities of a Samaritan Counseling Center coming to Northeast Colorado.
- 10-21- Participated in a teen health fair in Akron.
- 10-22- QPR trained Sedgwick County Human Service staff. Thanks Lisa!
- 10-22- Delivered Elderly Suicide Prevention goody bags to the meet and eat site in Ovid.
- 10-28- Co-facilitated Heartbeat Support Group in Fort Morgan with three new people in attendance.
- 10-28- Co-presented with Centennial Mental Health on mental health and suicide at Senior Law Day.
- 10-28- Michelle participated in a teen health fair in Otis. Thanks Michelle!
- 10-31- Delivered Elderly Suicide Prevention goody bags to the meet and eat sites in Yuma and Wray.

**Office of Health Disparities Grant**

- 10-11- Participated in the Women's Health Expo in Fort Morgan. We had a booth and offered interpretation services.
- 10-18- Participated in the Northeast Colorado Diabetes Health Fair in Sterling. We had a booth and offered interpretation services.

**Other Activities**

- ❖ Wrote and submitted the end of the first quarter report.