



# RURAL SOLUTIONS

115 N. 5<sup>th</sup> Ave., PO Box 503  
Sterling, CO 80751

Phone: 970-526-3616  
Fax: 970-526-3617

Jackie Reynolds, Executive Director  
Email: [jackie.reynolds@rural-solutions.org](mailto:jackie.reynolds@rural-solutions.org)

[www.rural-solutions.org](http://www.rural-solutions.org)

**Mission Statement:**

*Rural Solutions collaborates to address issues and create positive solutions to support the health and well being of our diverse communities in Northeast Colorado.*

## BOARD OF DIRECTORS MEETING

Wednesday, September 2, 2009

9 a.m.

Logan County Central Services Building

Sterling, Colorado

<b>Board of Directors</b>		<b>Present</b>
<b>Rick Agan</b>	Washington County Department of Human Services	<b>Phone</b>
<b>Lisa Ault</b>	Sedgwick County Department of Human Services	<b>X</b>
<b>Sandy Baker</b>	Area Agency on Aging	<b>X</b>
<b>Colette Barksdale</b>	Lincoln County Department of Human Services	<b>Phone</b>
<b>Patricia Brewster-Willeke (Becky Meyer)</b>	Rural Communities Resource Center	<b>X</b>
<b>Fred Crawford</b>	Logan County Department of Social Services	<b>X</b>
<b>John Crosthwait</b>	Northeast Colorado Health Department	
<b>Mary Gross</b>	Morgan County Family Center	<b>Phone</b>
<b>Celia Hardin – Ginger Allen</b>	Eastern Colorado Workforce Center	
	Yuma County Department of Social Services	
<b>Liz Hickman</b>	Centennial Mental Health Center, Inc.	<b>X</b>
<b>Judy McFadden</b>	Phillips County Department of Social Services	<b>X</b>
<b>Kindra Mulch</b>	Kit Carson Health and Human Services	<b>X</b>
<b>Judy Fehringer</b>	Eastern CO Services for the Developmentally Disabled	<b>X</b>
<b>Steve Romero</b>	Morgan County Department of Social Services	
<b>Ruth Seedorf</b>	Baby Bear Hugs	<b>X</b>
<b>Debbie Zwirn</b>	County Commissioner	<b>X</b>
<b><u>Ex-Officio Members</u></b>		
<b>Sheila Anzlovor</b>	Northeast Colorado Child Resource and Referral	
<b>Glenda Bang</b>	Rural Solutions Coordinator	<b>X</b>
<b>Maranda Miller</b>	Rural Solutions Project Coordinator	<b>X</b>
<b>Jackie Reynolds</b>	Rural Solutions Executive Director	<b>X</b>
<b>Michelle Sharp</b>	Rural Solutions Coordinator	<b>X</b>
<b>Mickie Sjoberg</b>	Rural Solutions Coordinator	<b>X</b>
<b>Jerri Spear</b>	CO. Dept. of Human Services Field Administrator	

A. Call to Order at 9:15

- a. Changes to the Agenda – Sandy moved to make the designated changes to the agenda and Liz seconded the motion, which was unanimously approved.
- b. In-kind Reporting
- c. Proxies Discussion – Dawn James from Kit Carson Health and Human Services was named as proxy for Kindra Mulch.
- d. Introductions – Introductions were completed.

B. Consent Items: Liz moved to approve the consent agenda with the minutes corrected as stated:

Page 3, under Old Business: The date should be corrected to read June 24, 2009. Ruth seconded the motion. The motion was unanimously approved.

- a. Minutes of August 5, 2009 meeting
- b. August 2009 Financial Statement
- c. August 2009 Executive Director's Report
- d. August 2009 Project Coordinator's Report

C. Committee Reports:

- a. Personnel Committee – Sandy Baker – Jackie has almost completed staff evaluations and the Personnel Committee will do Jackie's evaluation in October.

D. Old Business

- a. Child Abuse Study Update – Jackie updated the Board about the progress of the Child Abuse Study grant. There will be a summit meeting on November 6<sup>th</sup> to bring together agencies and organizations who work in the Northeast region and possible funders to support programs. This grant will end in December 2009.
- b. FDC Training – Mary reported that there have been at least 10 people signed up and there is room to add more people. The cost is \$850. Mary would love to have other organizations participate. The trainings will begin in September and go through May 2010.
- c. SSUF Grant was supposed to start on September 1. Jackie is working hard to get staffing in place in the regions to get the grant started. There will be training on September 14. We will be working collaboratively with the resource centers. Jackie introduced Mickie Sjoberg as the new coordinator for the SSUF grant and trainer. Mickie had the opportunity to introduce and talk about herself.

E. New Business

- a. New Staff – Done
- b. Yearly Update for Information – Lisa handed out yearly commitment letters to the board members to sign. Patricia noted that there are many instances of possible conflict of interest situations in the organization. Many grants are collaborative in nature. Liz thought it was more of a conflict of interest if someone gained personally but not so much for organizations who work collaboratively. These discussions should always be ongoing and in

the open in the organization. Each Board Member took the packets to read through and discuss at the next meeting. Jackie will contact the lawyer who helped write this policy and see if there needs to be an addendum to the conflict of interest policy. Since we won't have a meeting in October everyone will need to send them back to Jackie.

- c. Legislative Breakfast – It is scheduled for October 29 from 8:30 to 12. Debbie would like save the date cards sent out as soon as possible. The Board talked about the format of the breakfast and how to proceed. We passed around the comments from last year. Sandy pointed out that it might work to have the presenters move instead of the participants during the round table discussions. Jackie would like to invite all of the organizations board members to the breakfast.
- d. Second Wind Fund Program – Maranda explained about Second Wind Fund Program which is an organization that provides funds to young people for counseling who may be suicidal. The organization is an urban model but is trying to expand into rural areas in Colorado. Dawn asked about issues of liability and this project. Liz knows that the referring entity can be held liable as well if something goes wrong. There were also questions about the management portion of the program, including the portion of the program that is spent on administrative versus direct services. Lisa, Liz, and Maranda will meet to discuss the details of this possible new project.
- e. Strategic Plan Work – This is going to be a regular agenda item until all parts of the new strategic plan are completed. Glenda reported on Scope and Focus goal. Lisa reported on the Funding goal.
- f. Grant Ideas/Possibilities – The Board talked about more stimulus funds that may be coming available.
- g. H1N1 – Dawn reported on the H1N1 virus work being done by the health departments in the region. The expectation is that there will be a second, more serious round of the virus in the fall. Healthcare workers will be getting the vaccine first, then pregnant women, then the school age population. After the priority populations are covered then the rest of the community can get the vaccination. With seasonal influenza, the target population is 65 and older. H1N1 is targeting the younger population. There is no cost for the vaccine, however private physicians can charge an administration fee. Dawn said there are no side affects except perhaps muscle soreness.
- h. Sally Henry – Jackie has been working with Sally Henry from Centennial AHEC who received funding to have health meetings to get correct information out to the communities about the health care changes. She wants to have health care focus groups that target professional groups in the health care industry. Jackie wants to know if it is ok we help facilitate these meeting, this will be non-political. Ruth thinks that it might be a joint RPD/RS project Sally would like to come to a board meeting hold a focus group with

Rural Solutions board members. Patricia participated in one meeting that Sally did with Progressive 15 and thought it went really well.

- i. Census – Sandy has been appointed to the governor’s Census Committee, and she wants to make sure every person fills out the census paper work correctly and gets counted.
- j. Sandy also wanted to report that there is no longer an old age dental pension fund for low income seniors in our region.
- k. Health and Safety organization – Jackie has been working with an organization from CSU to get more information out about the Colorado Agribility project. There may be a possibility to work with them collaboratively to help get information out to people in the region.
- l. Ruth Baby Bear hugs report – Ruth reported that the evaluations on the parenting programs continue to show that the Nurturing Parenting program is very effective. There is currently a class going in Sterling, which is going very well. A new program will begin in Holyoke in January. Ruth has also received funding from the Colorado Trust to provide two more classes this fiscal year.
- m. Other

Adjourn: Legislative Breakfast Committee Meeting Immediately after Board Meeting

Next meeting: No full board meeting in October, 2009

Legislative Breakfast Committee Meeting will meet on October 7, 2009 at 9 a.m.

Next Board Meeting: November 4, 2009

Board Meeting adjourned at 11:10 a.m.

Respectfully submitted,

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Steve Romero, Secretary

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Date