



RURAL SOLUTIONS

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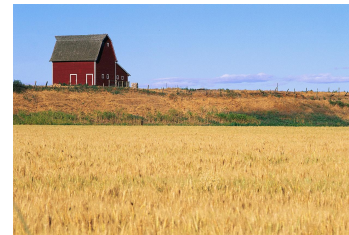
**THE
LifeSource
PROJECT**



The LifeSource Project of Rural Solutions

SPEAKER'S BUREAU

**KIT CARSON, LINCOLN, LOGAN,
MORGAN, PHILLIPS, SEDGWICK,
WAHSINGTON AND YUMA COUNTIES**



CONTENTS

- Addictions
- Aging Issues
- Mental Health Issues
- Methamphetamine Use
- Parenting
- Sexual Abuse/Harassment
- Suicide Prevention
- Tobacco Cessation
- Many more topics.....

2007 EDITION

THE LIFESOURCE PROJECT OF RURAL SOLUTIONS

How to become a Speaker:

- Please call Rural Solutions at 970.526.3616.
 - Tell Rural Solutions the following:
 - What topic(s) you’d like to speak about
 - When you are available and when you are not available
 - Biographical information about yourself, such as job history, trainings, personal experience or past presentations you’ve presented.
- Your information will then be added to subsequent versions of the Speaker’s Bureau brochure.

Funding of this Speaker’s Bureau is made possible by a grant from The Colorado Trust’s “Preventing Suicide in Colorado” Initiative.

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How to book a Speaker:

Please call Rural Solutions at 970.526.3616.

Have information ready regarding the date and time of the engagement and also where the engagement would take place.

Rural Solutions will contact your speaker with the information you've provided.

Rural Solutions will re-contact you to verify and confirm the details of the speaking engagement, time, date, specific information to be covered and any needed materials.

Speaker Information, cont.:

Ramona Proctor:

Ramona is the Executive Director for Eastern Colorado Services for the Developmentally Disabled. She has a Bachelor of Arts in Special Education. Ramona is comfortable speaking about childhood through adult developmental disability issues. She can also speak about the aging population with developmental disabilities. Ramona is also qualified to speak on the topic of abused partners.

She is available most weekdays and evenings depending on her schedule. Ramona appreciates some notice before a presentation and she is willing to speak to any group size.

Bonny Wacker:

Bonnie is the Regional Director for the Alzheimer’s Association. She is certified as a senior advisor and is comfortable speaking about dementia from warning signs to the late stages. Bonnie can also present on the topic of normal aging.

Bonnie is available most week days depending on her schedule.

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Abused Partner Issues:	Speaker: Ramona Proctor
Addresses the resources and help available for individuals who are victims of abuse.	
Affect of Suicide on Families:	Speaker: Gini Adams
Focuses on the personal loss of losing a loved one to suicide and how suicide affects the entire family.	
Aging Adult Issues:	Speaker: Bonny Wacker or Sandra Baker
Addresses the emotional, physical and mental needs of our elderly population. Discusses the role of caregivers, volunteers and services in NE Colorado.	
Dementia in Aging Adults:	Speaker: Bonny Wacker
Addresses the many levels of dementia from the warning signs to the later stages of it.	
Developmental Disability Issues:	Speaker: Ramona Proctor
Addresses the topic of developmental disabilities of all age groups from young children to aging adults. Focuses on the resources and help available for individuals affected by a developmental disability.	
Drug/Substance Addiction:	Speaker: Marcus Flores
Addresses the warning signs and stages of drug/substance abuse. General information of the current drug/substance abuse situation in northeast Colorado.	
Education Issues:	Speaker: Leon Oltmann
Addresses educational issues from the stand point of a former teacher, athletic coach and administrator with over twenty year experience in education.	
Family Literacy:	Speaker: Mary Gross
Provides information about successful techniques for working with families around literacy. Focuses on getting the entire family involved in literacy.	
Family Support:	Speaker: Mary Gross
Addresses connecting families to each other and understanding family strengths and building on them.	

Speaker Information, cont.:

Virgie Nelson:

Virgie is the Program Coordinator for the Sterling Youth Services, Sterling Police Department and the 13th Judicial District. She holds a Bachelor of Arts in Sociology.

Virgie is available to speak on juvenile justice issues including court hearings at the municipal, county and district court. She also works with juveniles in jail. Virgie is experienced with issues such as holding youth accountable, youth safety, drug/alcohol use and community resources.

Virgie is available on most weekdays except Tuesdays and Wednesdays. Evenings on available days are also open for presentations. Virgie appreciates a two day notice before presenting.

Leon Oltmann:

Leon is the Yuma County Department of Social Services Director. He holds a Bachelor of Arts in Social Studies and Physical Education as well as a Master of Arts in Educational Administration.

Leon is available to speak about educational issues as he has over twenty years of previous experience as a teacher, athletic coach and administrator. His emphasis with presentations on youth will be on character, education and leadership. Leon also is able to speak on fatherhood issues and the struggles surrounding fathers in our society.

Leon is available most weekdays with a thirty day notice. He will consider a two week notice. Leon is available for groups of ten or more.

Michelle Pemberton:

Michelle is the Prevention Health Services Coordinator for the Northeast Colorado Health Department. She has a Bachelor's Degree in Elementary and Middle School Education.

Her presentations focus on how to recognize the use and manufacture of methamphetamines. She is also able to speak on the health effects and cessation of tobacco which can include the health effects of second hand smoke.

Michelle appreciates at least two weeks notice and is available Monday through Saturday.

Speaker Information, cont.:

Mary Gross:

Mary is Executive Director of Morgan County Family Center. She holds a Bachelor of Arts degree in Adult Education and an Associate of Arts in Electronics. Mary's areas of experience are: family support and resources, parent education, youth development and family literacy.

Mary is available to speak weekdays from 8:00-5:00 with at least a week notice.

John Klein LPC, NCC:

John is the Executive Director of Centennial Mental Health Center, Inc. He holds a Bachelor of Arts in Philosophy, a Master of Arts in Counseling and is a Licensed Professional Counselor as well as a Nationally Certified Counselor.

John is available to speak on any general requests regarding mental health or substance abuse services, treatment programs or therapies. Tuesdays and Fridays are available for speaking engagements with a two week notice. His sense of humor and original jokes make him an entertaining speaker.

Maranda Miller:

Maranda is the Program Coordinator for Rural Solutions. She holds a Bachelor of Arts in Communications and Public Affairs. Maranda is a certified QPR (question, persuade, refer) suicide prevention gatekeeper instructor. She has also been trained to present Yellow Ribbon Suicide Prevention programs. Her main focus is to educate individuals on the availability of resources to help prevent suicide.

Maranda is available most weekdays and would appreciate a two week notice before a presentation.

Tricia Mull-Short:

Tricia is the director for the High Plains Sexual Assault Center. She has a Bachelor of Science in Criminal Justice. She is available to speak on topics such as sexual abuse, sexual harassment, bullying, rape and victim's rights. Tricia previously worked for seven years for the Colorado Department of Corrections as an instructor. At the prison, Tricia worked with inmates on victim empathy and reintegration issues.

Tricia is available most days of the week and would appreciate a week notice before a presentation. She prefers to speak to groups of fifteen or more.

Fatherhood Issues:

Speaker: Leon Oltmann

Addresses the current issues and struggles fathers face in our society and the importance of a strong male role model in a child's life.

Juvenile Justice Issues:

Speaker: Virgie Nelson

Addresses the issues of incarcerated juveniles in the court system. Also discusses the topics of youth accountability, youth safety, drug/alcohol use and available community resources.

Mental Health Issues:

Speaker: John Klein

Identification and classification of multiple mental illnesses. General information on treatment approaches and statistics.

Methamphetamine Use:

Speaker: Michelle Pemberton

Information on current efforts to help end meth abuse. The presentation, which includes local statistics and data, will focus on how to recognize the use and manufacture of methamphetamine.

Parenting:

Speaker: Mary Gross

Parenting techniques and skill building information. Discusses different parenting styles and uses.

Rape:

Speaker: Tricia Mull-Short

Addresses the definition of rape, the types of rapists from both the legal system perspective and victim's perspective. Discusses the referral services for victims.

Sexual Abuse/Harassment:

Speaker: Tricia Mull-Short

Discusses the ways to avoid sexual abuse and harassment in almost any setting. Also addresses how to report such incidents and what referral services are available. This presentation covers topics from adults abused as children to adult rape.

Special Education Issues:

Speaker: Tamara Durbin

Addresses the services and programs available for children with special needs. This presentation also discusses the services and programs of Northeast Colorado BOCES.

Suicide Prevention:

Speaker: Maranda Miller

Current statistics, warning signs, risk factors and how to approach a suicidal person. Discusses the local and national resources available.

Tobacco Cessation: **Speaker: Michelle Pemberton**

Addresses the health effects of smoking on individuals and the health effects of second hand smoke on others.

Victim's Rights: **Speaker: Tricia Mull-Short**

Focuses on victim awareness from property crime to homicide. Discusses the rights of victims and the referral services available.

Youth Development: **Speaker: Leon Oltmann**

Focuses on the issues of character development, education and leadership for our youth.

Other Topics as Needed:

Please call if you have a specific topic you'd like a presentation on but do not see listed above. Efforts will be made to meet your speaker needs.

Speaker Information:

Gini Adams:

Gini is a survivor of suicide after the loss of her son T.J. Veliz who on November 14th, 2002 made the irreversible decision to end his life. Since that time, Gini has made it her mission to speak to anyone who will listen about how it feels to lose a loved one to suicide. She is dedicated to speaking about suicide so that at least one life will hopefully be saved.

Gini is available any day of the week at anytime with little notice depending on her work schedule.

Sandra Baker:

Sandra is the Director of the Northeast Colorado Area Agency on Aging and Options for Long Term Care. She has worked for this agency for 28 years. She is available to speak on aging issues, including the role of caregivers, and what services are available to the elderly. She is also able to speak about the Strengths and Needs Assessment of Older Adults in Colorado which was published in 2004.

Sandra is available most days with one to two weeks notice.

Tamara Durbin:

Tamara is the Director of Special Education for Northeast Colorado BOCES. She holds an associate of arts degree, bachelor's degree, Master's Degree in Social Work and has a Post Graduate in Special Education Administration. Tamara is comfortable speaking on special education programs and services. She can also speak on the programs and services of Northeast Colorado BOCES.

Tamara is available to speak weekdays from 8:00-5:00 and in the evenings by appointment. Tamara needs two to three weeks notice before a speaking engagement and she is willing to speak to any size of group.

Marcus Flores:

Marcus is the Healing Tree Addiction Treatment Solutions Executive Director. He holds a Bachelor of Arts in Speech Communication and a Master's Degree in Business Administration.

Marcus is qualified to speak on addiction related topics with an emphasis on treatment. He is available to speak most days with a one to two week notice.